

# Physical Therapy Pre-Sitting Screener

**3 Months - 5 Months**

This checklist is used to help determine if child may have a developmental delay.

**Directions:** Go through the pre-sitting developmental check list for child's age group. Please refer the child to Kids in Motion for an evaluation if a child cannot perform any of the techniques in their age group.

## 3 months

\_\_\_\_\_ Lifting feet up off the surface when supine.



## 4 months

\_\_\_\_\_ Propping on forearms with arms in line with shoulders, head, and neck extended.



## 4 months

\_\_\_\_\_ Lifting arms and legs off of surface while prone



## 5 months

\_\_\_\_\_ Propping on extended elbows with head and neck extended.



## 5 months

\_\_\_\_\_ Holding and playing with feet while supine.



Pediatric Therapy Services

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